



Retreat for Women OIF/OEF Veterans

Are you an OIF/OEF woman veteran looking to spend time with other female veterans and discuss issues unique to female veterans? If so, this Camp Resilience retreat may be just right for you. The retreat will be led and facilitated completely by women and will include workshops discussing such topics as wellness through lifestyle changes, resiliency, and techniques for coping with trauma caused by sexual assault, moral injury or other traumatic events.

NOTE: Although this retreat is targeted for OIF/OEF women vets, other women vets can apply and be accepted if slots are available.

In addition to workshops, the retreat will also include exciting and challenging sports activities like kayaking, hiking, the Aerial Treetops Adventures course at the Gunstock Mountain Resort, yoga and water aerobics.

Lodging, meals and activities are all provided at no cost to the participants, but they must arrange their own transportation to/from Gilford, NH.



WHO: Women OIF/OEF Veterans

WHEN: Aug 7th–10th, 2018

WHERE: The Gunstock Inn
580 Cherry Valley Rd
Gilford, NH

APPLY: <http://prli.us/apply/>

For more information about Camp Resilience go to <http://prli.us> or www.facebook.com/CampResilience

Send questions to info@prli.us or call (978) 219-4003.