

NAHACO NEWS FOR MARCH 2014 -- \*\*\*\*\*\_\*\*\*\*\*\_\*\*\*\*\*-- by Mary Ellen Ellsworth

SAVE THE DATE! Nahaco Spring Volunteer Day has been set for Saturday May 3, 2014, with the following day, May 4<sup>th</sup>, as the rain date. We welcome all participants! This year we are particularly eager to encourage school-age volunteers, so that they have the opportunity to get involved in an important community-service project, and so that they become more aware of the importance of green space and green initiatives. Nahaco Commission members Tom Hawkins of Woodstock and Gary Kendrick of Eastford are heading up the day. We plan to begin about 9:00 a.m., with work time until about noon—when we will all stop for a hearty lunch provided by the Nahaco Commission. After the meal, we hope participants will visit with one another and Commission members, enjoy the views, and perhaps hike the Park's trails. Work tasks will be varied, depending on the ages, interests, and skills of volunteers, but may include trail maintenance; the clearing of brush, leaves, and litter; building repairs, painting or cleaning; fire pit or picnic table construction or repair; sign installations; demolition; beach, or walkway preparation/improvement. Some of our chores will be determined by how well both our built and natural environments at the Park weather this tough winter. I will be updating information in both April and May, and you will begin to see our flyers around Earth Day and Arbor Day in April. Please contact any Nahaco Commission member with your ideas for initiatives.

DAY CAMP! The Day Camp at Crystal Pond will inaugurate its 11<sup>th</sup> year on July 7, 2014. It will run for 5 weeks—through Friday August 8<sup>th</sup>. Registration forms are available now. Please contact: [daycampatcrystalpond@gmail.com](mailto:daycampatcrystalpond@gmail.com) for more information.

YOGA: Look for yoga classes, directed by Eastford's Sue Orcutt, at the Nahaco Dining Hall again this summer. Sessions will run for 8 weeks during May and June, and again for 8 weeks in August and September. Individuals will probably be able to come for one session—or for all of them, paying a nominal fee for each class that they can attend—a fee model that is particularly good during the busy summer season!

ACTIVITIES AT THE PARK: Nahaco Park is open to everyone, but the Nahaco Park Commission particularly encourages use by local Eastford and Woodstock groups. We are pleased the Eastford Seniors and the Eastford Girl Scouts already have reservations on Nahaco's spring and summer calendars. We look forward to welcoming the Woodstock Boy Scout Troop again this year, and to working on special projects with the Towns' Conservation and Recreation Commissions.

HAPPY SPRING—AND HAPPY ST PATRICK'S DAY!

Sam Asikainen	Beach Baywood	Mary Ellen Ellsworth	Tom Hawkins
Gary Kendrick	Chuck Lee	Philippa Paquette	Tony Perreault
Missy Vincent			