



# January 2018 - Pomfret Senior Center



| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|---|--|--|
| Birthdays:<br>Steve R.<br>Gene G.<br>Monique K.<br>Gunner J.                                    | <b>2</b><br>9:00-11:30– Chair Caning<br><br>10:30 - Tai Chi                        | <b>3</b><br>10:30- Walking Club<br><br>12:30 – Bingo  | <b>4</b><br>10:00am– Knitting & Crocheting<br>with Nancy<br>12:00– Birthday Celebration<br>12:30– Wii Golf/Bowling         | <b>5</b><br>  |
| <b>8</b>  | <b>9</b><br>9:00-11:30– Chair Caning<br>10:30 - Tai Chi<br>12:30– Trivia with John | <b>10</b><br>10:30- Walking Club<br>12:15– Movie—”Under the<br>Tuscan Sun”                      | <b>11</b><br>10:00am– Knitting & Crocheting<br>with Nancy<br>12:15– Stress Management by<br>Masonicare                     | <b>12</b><br> |
| <b>15</b>   | <b>16</b><br>9:00-11:30– Chair Caning<br><br>10:30 - Tai Chi                       | <b>17</b><br>10:30- Walking Club<br>12:30 – Bingo   | <b>18</b><br>10:00am- Knitting & Crocheting<br>with Nancy  | <b>19</b><br> |
| <b>22</b><br> | <b>23</b><br>9:00-11:30– Chair Caning<br><br>10:30 - Tai Chi                       | <b>24</b><br>10:30- Walking Club<br><br>12:15 – Afternoon Movie:<br>” <b>Bourne Ultimatum</b> ” | <b>25</b><br>10:00am– Knitting & Crocheting<br>with Nancy<br><br>12:30– Wii Golf/Bowling<br>4:00-5:00– Activity with FRESH | <b>26</b>  |
| <b>29</b>   | <b>30</b><br>9:00-11:30– Chair Caning<br><br>10:30 - Tai Chi                       | <b>31</b><br>10:30- Walking Club<br>12:30 – Bingo   |  |  |

This Program is funded in part by Senior Resources with Title III Funds through the Older Americans Act

**\* Lunch is served at 11:30 daily**



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**\* Details on all programs and  
activities are available in the  
Newsletter**