December 2016
Pomfret Senior Center

Monday	Tuesday	Wednesday	Thursday	Friday
	December Birthdays: Sally J Gunner J Betty J		**1** 10:30– Line Dancing w/Chantale 1:00 - Yoga	**2**
5	**6** 10:30 - Tai Chi 12:30 - Activity Planning Mtg.	**7** 12:15 - Dec. Birthday Celebration: (Sally J., Gunner J., Betty J.) 1:00 – Bingo	**8** 10:30– Northeast CT Transit District 1:00 - Yoga	**9**
12	**13** 10:30 - Tai Chi 12:30 – Cribbage	**14** 11:30- Christmas Potluck 12:15- Secret Santa 12:30 – Movie *"Uncle Buck"*	**15** 1:00 - Yoga	**16**
19	**20** 10:30- Tai Chi 12:30 - Set Back	**21** 10:30 - Guided Meditation w/Barbara 1:00– Bingo	**22** 12:15– Cookie Swap 1:00 - Yoga	**23**
26	**27** 10:30– Tai Chi 1:00– Scotland Presentation/ Anne	**28** 12:30– Movie *"Christmas in CT"*	**29** 1:00 - Yoga	**30**

This Program is funded in part by Senior Resources with Title III Funds through the Older Americans Act

*Lunch is served at 11:30 daily

*Details on all programs and activities are available in the November Newsletter

TEEG

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